

Graduate Diploma in Marriage & Family Counseling

Program code: 083001

INTRODUCTION

The Department of Educational Psychology (College of Education) offers a Diploma Program in **Marriage and Family Counseling**. This program aims at developing knowledge and acquiring skills in the area of marriage and family counseling with reference to issues in development, prevention, diagnosis, and remediation to improve the quality of marriage and family life and achieve a sound mental health.

PROGRAM REQUIREMENTS

24 TOTAL COURSE CREDITS

12 CREDITS (1st semester) (3 credits each)

- 0830-530 Individual Counseling
- 0830-531 Family and Marital Counseling
- 0830-533 The Psychology of Marriage and Family Adjustment
- 0830-535 Counseling Skills

12 CREDITS (2nd semester) (3 credits each)

- 0830-532 Group Counseling
 - 0830-534 Psychological and Social Research
 - 0830-536 Family Issues and Conjugal Problems
 - 0830-537 Internship
-

COURSE DESCRIPTION

0830-530: INDIVIDUAL COUNSELING CR: 3

This course covers presenting and studying philosophies, concepts and techniques of some counseling theories. In addition, it contains some skills that needed for working in the field of counseling with families and couples.

0830-531: FAMILY AND MARITAL COUNSELING CR: 3

This course includes studying family and marital counseling theories and techniques with the emphasis of psychological and behavioral aspects in family and marriage stage and cycles. The course provides students with basic theoretical knowledge, practical techniques, and interventions to deal with problems and issues in family and marriage life.

0830-532: GROUP COUNSELING CR: 3

This course covers the concepts and principle in Group counseling and the tools which used with different cases, and Group roles as psychotherapy techniques in the Field of Family and couples counseling.

0830-533: THE PSYCHOLOGY OF MARRIAGE AND FAMILY ADJUSTMENT CR: 3

The course mainly deals with marriage and Family adjustment: Concept, domains, Basics, obstacles and crises. It also provides students with knowledge, skills and attitudes regarding major factors necessary for establishing sustained family,

interrelations. Besides it secures a basic understanding of reasons underlying family disputes, preventive and therapeutic procedures. It extends to identifying divorce and handling its subsequent problems. Its effect on divorced spouses, their children and society.

**0830-534: PSYCHOLOGICAL AND
SOCIAL RESEARCH
CR: 3**

The course provides students with information related to research methods in Psychological and social fields (correlational, survey, analytical methods), preparing instruments for data collection, collecting, and analyzing data and writing research report.

**0830-535: COUNSELING SKILLS
CR: 3**

This course covers the counseling techniques as (observation, Interview case study and Diagnosis), principle, strategies and values in counseling process. In addition to counseling skills.

**0830-536: FAMILY ISSUES AND
CONJUGAL PROBLEMS
CR: 3**

The course provides students with factual and actual knowledge regarding issues of conjugal and family life in a local context within global one. The information is presented from a conceptual and technical perspective.

The Course is focused on identifying problems, factors underlying and generation ideas to solve them. It provides a background to the professional nature of the discipline on tripod of application: Development, Prevention and therapy in family life.

**0830-537: INTERNSHIP
CR: 3**

This course includes supervised training and field follow-up of trainees' performances of clinical skills, scales and tests administrations necessary in the area of marriage and family counseling. Trainees have the opportunity to identify and enhance strengths and study areas that need training and advancement under continuous supervision of program advisor (course instructor) with cooperation of the local advisor where the trainee is doing the practicum. The practicum supervision relationship is a professional one with a code of conduct and ethical practices that must be adhered to by all individuals involved in the process.